

# ANAM CARA

Holy Innocents Episcopal Church Monthly Magazine



# COME

*Photos Taken By: Jon Kounacki*

Volume 1, Issue 2 October 2014

[www.holyinnocents.org](http://www.holyinnocents.org)





WELCOME TO HOLY INNOCENTS



*Photos Taken By: Jon Kownacki*



ANAM CARA





*Holy Innocents is a community where the best of the Episcopal tradition is honored and creativity, innovation, diversity, and inclusion are embraced.*

We seek to extend the radical hospitality of Christ to all, whether in our buildings or through the web, in the hope that each person's spiritual journey can flourish from individual faith into communal compassion and action. Home to Holy Innocents' Episcopal School, our campus serves on many levels as an engaging, ever-renewing forum for people of all ages to gather, pray, celebrate, mourn, converse, reflect, learn, and teach.

Membership at Holy Innocents is based on desire. If you are baptized (or desire to be baptized), intend to make this parish your principal community of worship, and you will support the ministries of the parish, you may be recorded as a member of the parish. We offer several opportunities throughout the year when new members are welcomed on Sunday mornings. We also offer opportunities for adult Confirmation, Reception and Reaffirmation. For more information on membership contact Caroline Fleming.

## SUNDAY SERVICE SCHEDULE

Sunday Worship  
8:00am, 9:00am, 11:15 & 6:00pm

## TABLE OF CONTENTS

FROM THE RECTOR @HIEC	
Are we going to Church?	2
CLERGY CORNER	
What does it mean to be Human?	4
Don't Have the Words? Pray with Your Eyes!	5
What is Friendship?	5
NEWS AND ANNOUNCEMENTS	
Our Anam Cara: Pat Harris	6
Announcing The Inglett Family Endowment Fund	8
Foyers: You are Invited	11
FROM THE ALTAR	
Questions From the Chancel Rail	12
A Higher Calling	14
PASTORAL CARE	
What is "Pastoral" care?	16
CHILDRENS MINISTRY	
Wanna change the World -- Come to Church	19
YOUTH MINISTRY	
What is Faith to You?	20
IMAGINATION INSPIRED	
Welcome Your Imperfect Creativity	21
UPCOMING EVENTS	26
MONTHLY CALENDAR	28
CONTACT US	31



## “Are we going to Church?”

When I was young, I never asked my parents why we were going to church. We just went; there wasn't a question about it. Perhaps other people asked “why?” back then, but if they did, I didn't hear their question. Virtually everyone I knew went to church, and if I go deeply back into my memory, I can actually go down my childhood street, no many streets, and tell you who were Methodists, Presbyterians, Catholics, Baptists, Lutherans, Jewish, etc.

Contra (that's a word from lawyer days) my experience today. There are nine houses on my street. Everyone knows I am the rector of Holy Innocents. From time to time, someone will reach out to me and ask me about a life transition, something going on in life that they believe I might have some expertise in, because you guessed it, I'm a priest. However, of the nine houses, I know the religious affiliation of one.

Don't think I'm putting on my ecclesiastical rose-colored glasses here. There is a great and wonderful thing happening in the Church today. We are becoming clearer in our identity, knowing more fully that to belong brings accountability. To be Christian today means less about being a member of a society that takes you for granted and more about clarity within the community of the faithful. As my rabbi friends tell me, we are coming into what our Jewish brothers and sisters have known a long time: secular Christians are the majority. Those who dive deeply into the tradition choose to do so, making clear choices for the faith. They are giving things up that society demands and taking things on that the Gospel demands.

So, the question that we never asked when I was growing up, is a real question for a great many: why church?

Simply put, we come to church because we need one another to be the Body of Christ. I cannot be my full self without you being your full self. As Christians, we believe that it is here in the community of the faithful that we are most deeply invited into our lives, into the full stature of the person God knit together in our mother's womb. We come here to grow more fully into that person, sustained by each other and God's grace, and to support one another in times when claiming our personhood is, well, hard.

I can't tell you how many times I have not felt like a child of God. It just happens. I had a loving, caring family growing up that showered me with more attention than deserved. I had friends, an idyllic community that supported me, and education that pushed my heart, mind, and soul. My church youth group was a family. Yet, even so blessed, there are those days when things just seem too dark, too overwhelming, too stressful. In my mind I know I am a beloved child of God, that God has my picture on the refrigerator in heaven, but I just don't believe it.

Yes, a priest feels that too.

We come together because church is the safest place on earth to be ourselves. All of us fall short. All of us get overwhelmed. All of us need God and God's mercy to grow more fully into the people we were created to be. You cannot be human on your own. You cannot be Christian on your own.

On a recent Sunday, when I was feeling particularly frazzled by chance and change, a parishioner gave me a gift. It wasn't wrapped in paper. It was just a few beautiful words tied together with love and passion. She looked up and said, “I come here because time slows down. In the midst of the liturgy, life expands, and I feel each moment with the people all around me. It's like I get twice as much out of it because time is suspended.”

Her words hit me. I've read theologians talking about how we sanctify life, time, and space when we worship. But her words, her honest words, stopped me in my tracks. What a gift.





Yes, we come here because time slows down. We find our place. We admit when things don't make sense. We lean on one another. We bump into someone else who feels as we do, or someone who, facing far more than we, somehow, call it grace, affirms the faith with passion and gusto. Just when we needed it. When our very faith needed it.

We need the Church because we need to see Jesus – in this community of the faithful, this place for faith, this amazing and wonderful group of people who are your family.

So come often. Take it in. Become the person God created you to be as we grow more fully into our best selves.

You cannot find your true and marvelous self on your own. Start here. Together.

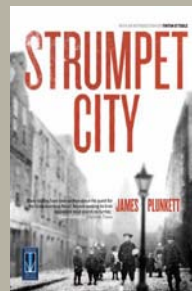
Grace and peace,

*Michael +*

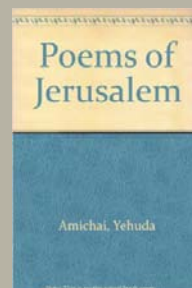
Michael+

## MICHAEL'S BOOKSHELF

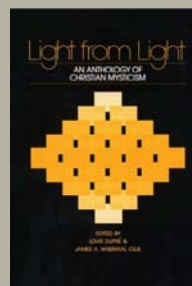
Our rector has mentioned the following books recently in sermons or commends them to you for the spiritual journey



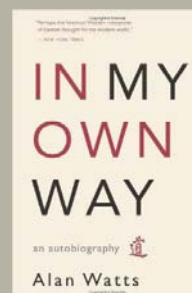
Strumpet City  
James Plunkett



Poems of  
Jerusalem  
Yehuda Amichai



Light from Light:  
An Anthology of  
Christian Mysticism  
Louis Dupre



In My  
Own Way  
Alan Watts



Free of Charge:  
Giving and Forgiving  
in a Culture  
Stripped of Grace  
Miroslav Volf





## The Rev. Buddy Crawford Senior Associate Rector

### What does it mean to be Human?

This year I have been captivated by literature written for young adults. I mean what's not to like about futuristic societies, werewolves, vampires and zombies! While my initial interest was to discover what all the hype was about, I quickly became hooked myself. Reading this literature has me pondering the influence these books are having on a generation of youth and how this genre is shaping their understanding of what it means to be a human being.

I'm currently reading a series by Charlie Higson in which a virus has decimated most of the population over sixteen years of age. The few surviving adults are nothing more than mindless animals driven by the disease to hunt and consume the children left in the world. The story is set in London where groups of children are attempting to create a new world for themselves. Most of their time is spent trying to find safe places to lodge, food to eat, and weapons to defend themselves against attacking adults. The more poignant parts of the books struggle with the concepts of what it means to be human, to be in community with others in a world filled with loss, danger, and death.

In one scene three boys, Jack, Ed, and Bam leave the relative safety of their group in order for Jack to return to his home. It is a dangerous journey and Jack did not ask for company. But Ed and Bam, knowing that there is safety in numbers, are not willing for Jack to travel alone. As they approach Jack's neighborhood the boys are attacked. Ed, who has been unwilling to fight or kill thus far, sees his companions in danger and goes berserk - unleashing his pent up fear and anger - he beats back the attackers until they are dead or flee away.

The next day Ed contemplates his actions and comes to the realization that defending himself and those he cares about is necessary and will sometimes demand violence. He also recognizes that with each violent act he loses a part of his humanity - he becomes a bit like the adults who are more animal-like than anything else. Ed's dilemma is that he must do whatever it takes to survive, yet remain human.

While we are not faced with the predicaments of a post-apocalyptic world, we do at times face crises. There are crises in our families, our friendships, our health, our careers, and our educational opportunities. Our response to a crisis is a measure of our character, of our faith, and ultimately of our humanity. In baptism God heals our brokenness and restores us to being fully human as was intended at the beginning of creation.

We live in a tension much like Ed's. When faced with a crisis we may succumb to baser animal instincts that can be destructive to ourselves, our family, or our community. Or we can choose to respond as humanly as possible. It is in community that we learn how to make that choice. By coming together weekly to study our sacred stories, to share our personal stories, to pray, to celebrate the sacraments we learn to maintain our relationship with God and one another. And even when we fail, God's grace is there to forgive and restore our humanity. You may not be drawn to young adult novels, but I hope you find interesting intersections of life and faith in whatever genre you read.







## Assistant to the Rector for Formation The Rev. Joshua Case

### Don't Have the Words? Pray with Your Eyes!

For years and years people have prayed with words. For years and years people have prayed with song. For years and years people have prayed with their eyes – and they didn't even know it was happening.

Recently at a Wednesday night Ethos gathering, a group of students, Timothy Sommer and I gathered in Christ Chapel to have a conversation about what it means to be people who pray without words. We explored what it means to be people who pray assuming that God is always working in the world, always around us, always waiting for us to recognize where goodness resides.

"Prayer is seeing goodness somewhere, in something, and being thankful for it," Timothy says.

After about three minutes of silent observance the Chapel bell rings and students are invited to take their digital eyes (their cell phones) with lenses, filters, photography and traverse to the places in the room where they have seen goodness - where they have seen a glimpse of God to be thankful for.

Quickly students stand up and move to various corners taking pictures. Some move in close to the candles, others grab artistic shots of the Wallace organ, still others capture shots of bells and white-hot-fire. All of them moving in an almost dance of goodness to the places where their eyes have led them. To the places where prayer has already happened.

If praying really is, as Timothy suggests, a recognizing of goodness in the world and being thankful for it, we all have opportunities all the time with our eyes and our ears and our words, to pray. Take a moment this month and pray with your eyes. Pull out that phone from your pocket or get the old camera out of the closet (if you have a Polaroid with film use it!) and snap a picture of that goodness that you see and share it! After all would not the world be a better place with us all praying out loud all the time?

It's amazing what happens when we welcome God into our eyes, or is it lives? Think about it. Talk about it. Be astonished!

### Vicar of Holy Innocents'

## The Rev. Lisa Zaina

### What is Friendship?

What is friendship? Proverbs 17:17 reads "A friend loves at all times, and kinsfolk are born to share adversity." Here, the author is likely equating rather than contrasting friend with "brother", or "sister", for that matter. For, it is in times of adversity that true friendship and kinship are displayed. Think of the classic examples of friendship in the Bible.

First, we have Naomi and Ruth in the Old Testament. Naomi was Ruth's mother-in-law. When Naomi's son dies, leaving Ruth a widow, Naomi urges her to leave her side, and seek security with her own gods and among her own people. Yet, instead, as Naomi pushes more, Ruth responds by saying, "Do not press me to leave you or to turn back from following you! Where you go, I will go; where you lodge, I will lodge; your people shall be my people, and your God my God. Where you die, I will die – there will I be buried. May the Lord do thus and so to me, and more as well, if even death parts me from you!" If you are familiar with the Book of Ruth, the God of Naomi, whom Ruth adopted, blesses her commitment to her friendship with Naomi. And, she finds not only security but also good fortune.

In the New Testament, the relationship between Jesus and Lazarus comes to mind. Jesus is not present when Lazarus dies, and He returns after Lazarus had been in the grave for four days to raise him from his "sleep". His disciples warn Him that He will be in peril upon returning to Judea since the crowd had tried to stone Him when He last was there. Yet, undeterred, He returns to Judea to comfort Martha and Mary, and raise Lazarus from the dead. According to the Gospel of John, it was this very day that those in power began to plot Jesus' death.

Ruth and Jesus put themselves in peril for the love of their friends. Their lives became entwined, in joy and in sorrow. One image that the Bible uses in representing friendship is the knitting of souls. The earliest reference is in Deuteronomy 13:6, and as referenced in the RSV, "the friend who is as your own soul". This is a companion of one's inmost feelings and thoughts. There is intimacy, loyalty, and a strong emotional attachment.

In such a relationship there is such a familiarity that friend eventually became another name for believers in the Lord. In the third letter of John 15, the author says "Peace be to you. The friends greet you. Greet the friends, every one of them."

Our souls connect and bond as friends, believers, and as members of this Body of Christ. This is anam cara.



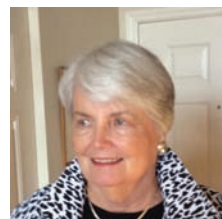




## Our Anam Cara: Pat Harris

Anam Cara means “soul friend,” so each month we’ll present a parish voice that captures the soul and friendship of our beloved community. This column is a great chance for us to hear how Holy Innocents helps us be our best selves, the people God created us to be.

I’m Pat Harris, married 57 years to Bill. We have two children and four grands. All of us live in Atlanta, making me one of the most fortunate people I know!



In 1981 Bill and I moved to Atlanta as part of a General Electric reorganization. After more than 20 moves in my life, I had lived ten years in Schenectady, NY. I felt at home there, embraced and stitched into that community and friends. Our children were essentially out of the nest, so when we arrived to Atlanta, all prior adaptation devices were gone! I felt heart broken – accent on the broken!

Here I was vulnerable as my old veneer of “I’m Pat, I’m nice, so when I figure out how to fit in, please like me” was worn out. I was stuck with me, just me, without props, and very unsure of what that meant or where it would lead me. I spent an undue amount of time licking my paw! Since I had an “emergency room” relationship with God, I looked for a church where we lived in Roswell. I peeked into denominations from Baptist to Greek Orthodox. Wow.

George Thagard, a long time HI parishioner, worked with Bill; he and Lucy were our friends from business meetings in Naples, FL. One Sunday they brought us Holy Innocents. That day we signed up for a Scott Peck conference at Kanuga. Soon thereafter, we were on committees as the Rector at the time, Bob Johnson, didn’t waste time, plugging us in. Bill was captivated by an engaging professor from Emory in his Sunday School class. The “just right” hospitality and introduction attracted me. I was swept up by another parishioner’s cookbook endeavor, making sandwiches one day a week at St. Luke’s Soup Kitchen, and serving on stewardship. It seemed we had landed in the middle of the bed at HI, and we loved it!





From the St. Luke's Soup Kitchen to many other programs, I spent 15 years working with the homeless. I worked with Episcopalians from other Atlanta parishes and also with new friends from The Temple. We were mentored by Tamar Harrel who ran The Temple's program. She was remarkable with nuanced insights into "when help isn't help" and many other things. Up close, I found that the homeless are different than I'd first thought. They taught me and changed my thinking. I witnessed generosity and compassion in an unexpected place. There was a dignity exhibited in facing a rough but real life situation, doing the best they could a day at a time with little apparent hope in their futures. I couldn't hide. Somehow, I connected. I was so often reminded of my blessings – their acceptance of me included. I received a lot.

In the 1980s, AIDS came on the scene. Bill and I found ourselves personally involved with a young family. A father of two girls under four had full-blown AIDS. Holy Innocents offered a respite care group for caregivers of AIDS' patients, just what we needed. Janice Frost, spouse of a former associate in the parish, mentored our small group that challenged me to deal with what was inside me (my fears, discomfort, and questioning). I learned a fresh view of death and dying. I gained more understanding and courage, facing death with honesty and less intimidation. This lesson was so helpful in dealing with my parent's deaths and facing my own. Janice educated us, empowered us, and had us engage our own feelings; she generously showered us with love and support. I call this experience my awful-wonderful one. In good ways I am changed and so grateful.



With our second AIDS patient we touched the gay community. Out of this experience, Bill and I were invited to join a newly formed group of gay and straight couples. Bennett Sims, former Bishop of Atlanta, had initiated the committee to bring dialogue and understanding. We met once a

month in each other's homes, sharing a meal and sharing our lives and questions. My first jaw-dropping information was that one of the couples had been together 46 years! Two others for 30-32 years. It was a meaningful, powerful experience validated by 20-25 folks who attended regularly. Courageously, couples spoke candidly about the pain of being shamed, excluded from families or unable to bring their partner to various events. We could all feel it.

In this amazing experience, I learned another powerful lesson: shame is based upon who you are and you can't do anything about it (I'm a white, heterosexual woman, 79 years old). It is what someone else does to you. Guilt is about what I've done. I am responsible for that.

I grew to value, respect, and love these new friends. Their sexual preference was of no more significance to our friendship than their eye color! We continued to meet for over ten years and in the process, I came to realize that there were aspects of my life where I wasn't "out." In denying that openness to myself, I was saying to myself "I'm not ok as I am" and thus began a real commitment to be authentic. It means risk and courage at times but it brings freedom. I don't have to think about it – just be!

Holy Innocents gave me so many other things: a deep relationship with Temple Sinai and many friendships there through the former Seder; small groups and individuals along the way; permission to ask questions and be myself. All these things were like dance partners to me, people and groups who became Anam Cara, my soul friends.

So here I am, Anam Cara – 30 years of being a part of this remarkable community where I've learned to be me. So many poignant recollections. It has been a place to grow and a soft place to fall. We've experienced it all. It's been the wellspring of our friends, growth in so many ways, and importantly a place to enjoy, laugh, socialize and just have fun. It has, of course, also been a place to stop, worship, reflect, pray, and turn myself over to God.

I thank my fellow parishioners who've kept the faith through challenges, some of theirs and some of mine. It has been a rich journey and I thank you with all my heart.

I know you'll find your Anam Cara here too.

Pat Harris

## MISSION (is) POSSIBLE

We need missionaries for the following jobs....

### PARSON'S TABLE — WHOLLY MEAL PREP (Children's Meal)

Who: Anyone who can pack a box with good food

What: Children's Meal Prep

When: Wednesdays as listed, at 4:00

Where: Parish Hall Kitchen

How: Instructions provided.

### PARSON'S TABLE — COOKS

Who: Anyone who can boil water

What: Prep with the Parson

When: Wednesdays as listed, at 3:30

Where: Bishop Commons Kitchen

How: Just show up

### PARSON'S TABLE — CHECK IN HELPERS

Who: Anyone who likes to greet

What: Check reservations in for dinner

When: Wednesdays as listed, at 5:00

Where: Bishop Commons

How: Rena or some other angel will greet and teach

### OUTREACH — CALLIGRAPHER

Who: Someone talented with ink

What: Create a Memorial Book for HI of our Day Chapel

When: As you are able

Where: Any place you can work

How: Contact: Carol Johns

cjohns@holynnocents.org

### BUILDING — PLANTS

Who: Gardener with green thumb

What: Water and refurbish building plants

When: Any time church is open

Where: Throughout the church buildings

How: Contact: Rena Stallworth

rstallworth@holynnocents.org

### ALTAR GUILD — MEMBERS

Who: Any one (Yes, that includes men)

What: Assist preparing altar for liturgies

When: Flexible working hours

Where: Sacristy

How: Contact: Buddy Crawford

bcrawford@holynnocents.org

To sign up visit the link below,  
the scan QR code, or contact  
Rena Stallworth: (404) 255-4023



<http://goo.gl/2561jU>





## Announcing The Inglett Family Endowment Fund

On behalf of the Wardens, Vestry, and Endowment Trustees, we are deeply thankful to announce the establishment of The Inglett Family Endowment Fund. This gift of \$1 million is the largest bequest Holy Innocents has ever received.

Ray Inglett included this generous gift in his estate planning, reflecting his deep love for this community. He wanted to support the parish in perpetuity, and working with his advisors, created a way to ensure that our parish will have a great and enduring legacy for generations to come. These funds have been permanently placed in the Holy Innocents Endowment and income from the fund, along with other unrestricted gifts, will be administered under the policies and procedures of the Endowment that are already in existence. Ray knew that we needed to grow our Endowment significantly to be a stronger parish; he made a personal commitment to do so many years ago when

he joined the Legacy Society, a society for those making unrestricted gifts a part of their estate planning.

Ray was born on November 27, 1928 in Atlanta, the son of the late Raymond and Marion Inglett. He was married to the love of his life, Carol Etta Fike, for 42 years until her passing in 1998. He was a dedicated husband, father and adoring grandfather. After graduating from Georgia Tech in 1949 with a degree in Electrical Engineering, at 21 years of age, he joined the Air Force and was stationed in Colorado and Kentucky. In 1954, he founded the electrical construction firm Inglett & Stubbs, Inc, from which he retired in 1992. He will be remembered for his generosity throughout the Atlanta community and his deep love of Holy Innocents, where he was a parishioner from 1959. He is survived by his daughter and son-in-law Susan and David Platzker of New York, son and daughter in-law Steve and Patti Inglett of Marietta, Ga., and his daughter and son in-law Laura and Mike Parrish of Atlanta, Ga.

Gifts such as Ray's are incredibly important in the life of a parish and ensure a never failing "crowd of witnesses" for our Lord. (Hebrews 12:1). We are deeply thankful for his leadership and faithful witness among us and for generations to come.







# Celtic Festival

Sunday November 2  
6:30 to 9:00 pm

All are invited for a night of revelry - a celebration of fire, light and fun, Irish food provided by Meehans House, and beverage, Gaelic music, Scottish dancers, Irish dancers, bagpipes, people in kilts, performers and jugglers, arts and crafts for children of all ages. More information coming soon!





## The Parson's Table & Market

### October Parson's Table Menu

**Wednesday, October 1**  
Happy Belly Food Truck

**Wednesday, October 8**  
Parson in the Kitchen

**Wednesday, October 15**  
Southern Supper

**Wednesday, October 22**  
Todd Brock, GrillMaster

**Wednesday, October 29**  
S&J Woodfired Pizza & Spooktacular  
Festival for the kids

**Don't forget RSVP online at the  
Holy Innocents website  
each week.**

#### **BOGO (Buy one Give one)**

When you reserve your space, consider giving away a meal, "Buy One, Give one: BOGO". We will bank contributions each week and when enough are available, we'll provide meals to Sandy Springs organizations such as the Police and Fire Departments. Look for announcements when your BOGO meals are donated around Sandy Springs. For added fun, the Sandy Springs Fire Department will be joining us this week at Parson's Table to greet the children.

#### **FARMER TIM's MARKET**

In addition to the Parson's Table, you can come early and shop with Farmer Tim from 2:30pm to 6:00pm. He will be offering a variety of vegetables and farm goods such as Fresh eggs, Home-made Jellies, Assorted Hot and Sweet peppers, and much more.







## Foyers: You are Invited!

I believe the strength of any organization is closely related to the strength of the relationships of the people involved. In the churches, schools, and businesses I have been associated with, focus on "building community" is primary. I believe that participation in Foyer groups help strengthen the core of our HI Parish.

The English word Foyer actually comes from "foier," the French term for hearth-side projecting an image of warmth and comfort. The time-honored tradition of hospitality in the Anglican Community has for many years encouraged the formation of small informal Parish gatherings called Foyer Groups. At Holy Innocents', Foyer groups are a tradition and a fun way to build community with fellow parishioners, people you might see every Sunday but never get to know.

There is no agenda or plan - just fellowship and a simple meal. Groups are made up of singles, couples, or families, young and old - a cross section of the parish. Newcomers are especially invited to join one of the groups at any time.



*"Foyers is breaking bread and drinking wine in 'community' like the early Christians did. It's where deep and lasting friendships are created."*  
Stefan Fatzinger

Each small group of six to eight people meet for fellowship and a simple meal from November through September, with each person or couple hosting as their schedule permits. So sign up to attend the Kick off Potluck Dinner, October 19 at 7:00pm in Inglett Hall. A Foyers brochure with complete details is available at the Welcome desk, where you can sign up for the new groups. You may also sign up for Foyers on The City or on HI-lights. Call Linda Foster 770-971-5709 if you have questions. We hope to see you there!

Linda Foster (oacjets@aol.com)



*"Foyers is the best kept secret in our church! Some of my dearest friends were made over Foyer dinners."*  
Tony Clarke

Here are some common questions.

Q. How will Foyer Groups be set up?

A. Once you sign up, you'll be randomly grouped with three or four other singles and/or couples, potentially from differ-

ent circles of the parish community and in varying phases of life. We will take into consideration your preferences regarding smoking, alcohol, and pets in the home and will mail you contact information for your group, as well as a list of suggestions for how to get started.

Q. I'm not much of a cook. Do I really have to be able to prepare a full meal for eight or ten people to join a Foyer Group?

A. Foyer Group gatherings are intended to be shared meals, and that includes the preparation. Typically, the host might provide the main dish and beverages, with other members contributing the appetizers, sides, and/or dessert.

Q. I'm afraid my home isn't grand enough to host other parishioners. Will my standard of living be judged if I join a Foyer Group?

A. Foyers Groups are casual gatherings where the focus is on fellowship and friendship, conversation and conviviality, not a Martha Stewart showcase. We meet each other where we live, and accept our surroundings as they are just as God does.

Q. My home/condo/apartment isn't large enough to hold eight to ten people for a sit-down dinner. Can I still join a Foyer Group?

A. Who says the meal must be a sit-down dinner? There are several alternatives. You could plan a menu of finger- and fork-food

that can be eaten from plates held on laps while sitting on sofas, chairs, or the floor. Or, when it's your turn to host, arrange for the group to meet at a local buffet-style restaurant, or reserve the picnic area at a county park and host a cookout. You may also ask someone else in your group to host for you.

Q. Is there some "program" or entertainment we should offer when we gather?



*"There is no better way to get to really know someone than to sit at their dinner table and share a meal with them. Some of our best friends from church are people we met through Foyers."*  
Anita Pirkle

The primary goal of Foyer Groups is to extend and deepen ties within the parish by giving people a chance to get to know one another better, and that is most easily accomplished through conversation.

Q. I cannot attend the Foyers initial pot luck dinner. May I still attend the group dinners?

A. Yes you may; just sign up at the welcome desk or online and your name will be placed in the the hat and drawn and your group will contact you.





## Questions from the Chancel Rail

*Each month, we'll offer a short lesson about liturgy. Some of them might be about something you see in church while others might give a short reason we do something or say something. If you have a question you'd like answered here, just email any of the priests on staff! We'll do our best to answer it.*

***Why is there a large candle burning in the church and in the Oratory all the time?***

Some Christian denominations use a lighted candle to signify God's abiding presence. This is especially true where the blessed bread and wine from the Holy Eucharist are reserved for communion of the sick or homebound. The candle, more properly referred to as the sanctuary lamp, burns as a reminder of the "real presence" of Christ in the reserved sacrament. In both the main church and in the oratory we have small cupboard, or aumbry, which hold the sacramental bread and wine. So next to them you will find a sanctuary lamp burning almost every day of the year.

There is an intentional period of time when the candle is not burning. From Good Friday when the uneaten blessed bread and wine is buried until the first celebration of the Holy Eucharist at the Easter Vigil there is no reserved sacrament. During this time we remember how Jesus endured death and the grave, freely offering himself to restore our relationship with God and we wait patiently for Easter resurrection. It is only after the first Eucharistic celebration of Easter that the sanctuary lamp is lit and new sacrament is reserved.



## NEED A RIDE TO CHURCH?

Holy Innocents' in conjunction with Common Courtesy Inc will be providing transportation to and from the church.

Contact: Melody McNeil for more information



# SUNDAY FAITH FORUM

## SCHEDULE

Our Sunday Faith Forums are an incredible line up of speakers who will address faith in everyday life. You'll want to take advantage of each opportunity this fall to continue to grow in faith, individually and as a member of this supportive community. Join us each Sunday after the 9:00am service to hear these fantastic speakers.

September 21 – October 12

Rich Walter

Associate Director, Institute for the Study of Modern Israel  
Emory University

The Israeli-Palestinian conflict is not just on the evening news; it is a real conflict, centuries in the making. Despite its ancient origins, many among us really don't know the depth of the conflict through biblical and modern history. We are honored to welcome one of the nation's foremost authorities on the conflict, Dr. Richard Walter of the Center for Israel Education at Emory University.

Richard Walter has extensive experience increasing community involvement in Jewish formal and informal learning for a wide variety of age groups. Prior to joining ISMI in August 2012, he served as Director for Jewish Life and Learning at the Jewish Federation and Jewish Community Center of Greater New Haven, and Director of Education and Community Development at the Bureau of Jewish Education in Rhode Island. From 1997 to 2001 he taught in the Solomon Schechter School in Providence, Rhode Island. He was educated at Brandeis University where he received his BA and MA degrees focusing on Jewish history, Middle Eastern history, and Judaic Studies.

October 19

The Rev. Michael Sullivan

Rector of Holy Innocents

Church 101: Expecting Deeper Connections

We think we know how to connect at church, but you might be surprised according to the experts. We'll start this class with a fun true/false quiz, grade ourselves, and have some conversation about what it means to belong in today's world and church.

October 26

The Rev. Lisa Zaina

Vicar of Holy Innocents

A Priest Journey

Our new vicar is getting settled, and we all want to know her a bit better! Join us on the last Sunday in October as she shares her faith story with us. How does her story complement our journey? What might a priest's journey say to us about our lives?





## A Higher Calling

I love to build things. I suspect that comes from a childhood experience. When I was 8 or 10 years old, my father and I put together a kit called “The Visible Man.” It was model that consisted of a clear plastic body containing all the organs and skeleton, all of which had to be assembled and, in the case of the organs, painted correctly according to the scheme. I learned a lot from that project.

I went on to make model cars, model wooden boats, and a model Cessna airplane kit. Later I built a deck on our house, bookshelves, a TV stand. On one sabbatical, I took a figure carving class.

At a 10:30 a.m. liturgy in August, we blessed the needlepoint kneelers that are currently being sewn by members of the parish. Michael mentioned that several more kits were available and that one need not have experience to sew, so I volunteered. I stopped by the local shop in Sandy Springs for a quick lesson on how to proceed and began needle pointing.

An extraordinary thing happened: I encountered God in this project. I found that, in my past, modeling or building was pretty much for my own enjoyment, but this needle pointing was an artistic expression—a new creation—intended for the beautification of the space around the altar in our nave. It had a greater purpose.

The Church, throughout the centuries, has always inspired great creativity in music, the visual arts, and architecture as creative people are inspired by and, through their creativity, glorify God.

What I’m called to do, through my work in the church, is to enable others to use what is a fairly common skill—singing—to a greater purpose, that is to glorify God and beautify the liturgy with the gifts of music making. This is particularly important in working with children where we have an opportunity to help form habits and skills that will last a lifetime. They learn to use their talents for a greater good. Will they understand that? Perhaps not right now. After all, it’s a subtle thing to learn how to see and hear God in artistic expression, but it plants a seed that can grow and flourish.

What they will get right now is an enjoyable learning environment, a sense of commitment and team work, knowledge of the liturgy, the joy of rehearsing and singing with others, and much more. Can they get this in other activities in which they participate? Of course, doing needlepoint took me from engaging in creativity for my own enjoyment to something with a higher calling.

If you’ve not done so already, I hope you’ll see the music offerings for the children and youth of our parish and facilitate their participation in the joy of singing in service to God and the Church.



## PROJECT NEEDLEPOINT

Project Needlepoint is well underway. Twelve canvases have been received from our designer and the remaining four are expected at any time. We have a dedicated group stitching now, but we need more. There is currently one canvas awaiting a stitching volunteer, and the last four canvases will be arriving shortly. Additional help will be needed to team with those already stitching. If you have an interest in and some experience with needlepointing, please let us know; we would love to have you work on one of the canvases. The stitchers will meet the second Tuesday of the month at 6:30pm in the Parlor. Plan to join us if you are interested.





## CHOIR MEMBER SPOTLIGHT

*Each month we highlight a member of one of the HIEC choirs. We hope that these highlights will help you connect names to faces. We also hope you'll remember them, and the ministry in which they engage, in your prayers.*

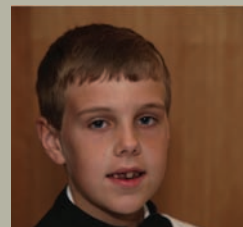
### *Hamilton Fong*

Hamilton Fong joined the Parish Choir as a stipendiary singer in 1997. When not singing with the choir, he is a freelance software developer. He sings with the ASO Chorus and plays USTA & ALTA tennis. Ham grew up in the small suburban "City" of Glen Cove (population 30,000) on Long Island, New York. In 1996, he relocated to beautiful, historic Roswell, Georgia where he currently resides. In his youth, Hamilton sang in the choir at First Chinese Presbyterian Church on the lower east side in Manhattan. When not singing or working, you're likely to find him on a tennis court "pounding away at fuzzy yellow balls that keep coming back at him."



### *Jackson Kelly*

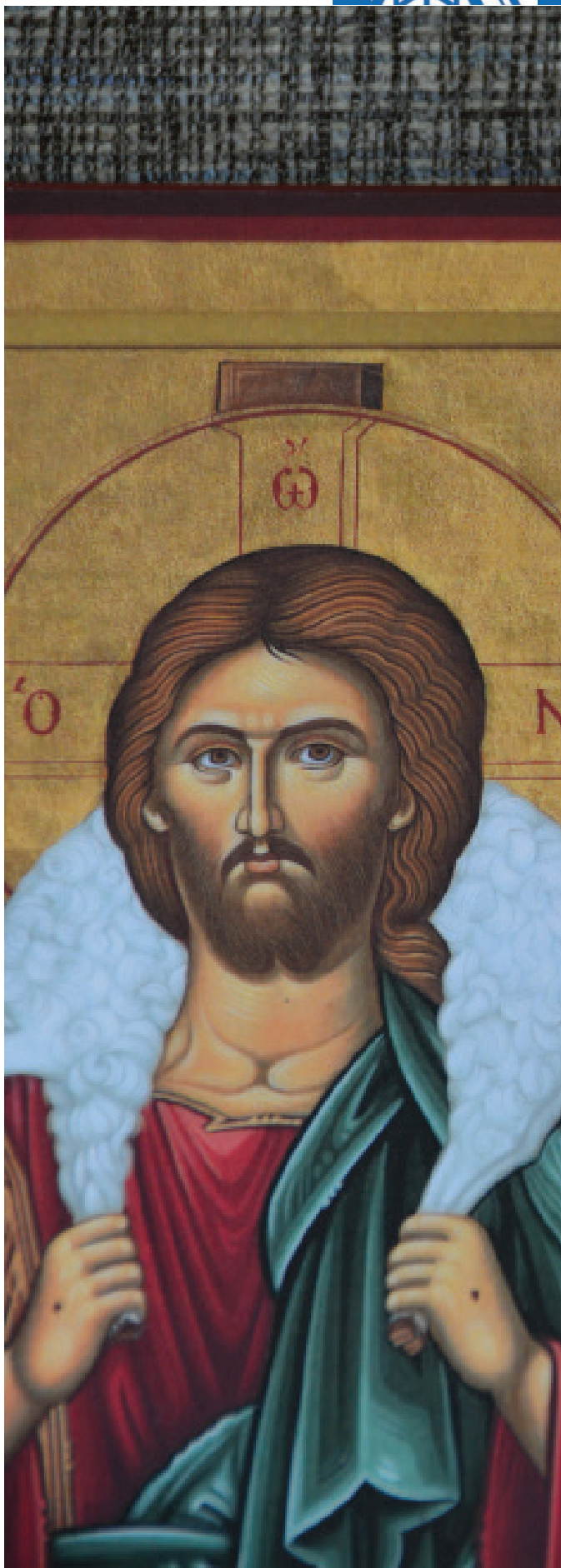
Jackson Kelly is 9 years old and is a 4th grader at East Side Elementary School. His family joined Holy Innocents' in 2010. His father, Will Kelly also sings in the Parish Choir



**Hobbies/Interests:** His likes to play baseball, golf, tennis, running, LEGOs, airplanes, and trains.







## "What is 'Pastoral' care?"

Often when I am describing my day-to-day work as a priest I am asked, "What is 'pastoral' care?" It is not surprising that the word "pastoral" is not widely known, as we are far removed from the agrarian society from which it originated.

So when I explain pastoral care I often refer to an image used by Jesus in the gospel of John – the story of the Good Shepherd. Jesus tells this story in response to the healing of the man who was born blind. Jesus is walking along when he comes across a man who was blind at birth, so he mixes a little saliva and dirt and smears the mud on the man's eyes. He tells the man to go and wash his eyes. The man goes and washes and comes backed healed. Jesus' actions shock the religious leaders because this healing happens on the Sabbath and they are infuriated. Work of any kind – including healing – is forbidden on the Sabbath. The letter of the law is more important to them than acts of compassion. So Jesus tells the story of the Good Shepherd to contrast his actions from those of the leaders.

Centuries earlier the prophet Ezekiel tells of a time when God is forced to act as the Shepherd of Israel, because the religious and political leaders fail to act for the people's good.

"For thus says the Lord God: I myself will search for my sheep, and will seek them out...I will seek the lost, and I will bring back the strayed, and I will bind up the injured, and I will strengthen the weak..." Ezekiel 34:7ff

Maybe Jesus is remembering this history as he reminds the current leaders of their failure to act with compassion. A good shepherd is called to tend, feed, protect, and care for the sheep in their charge, in the same manner God does. Jesus does this throughout the gospels, tending the sick, feeding the multitudes, reaching out to the stranger, embracing the outcast.

Pastoral care is the way in which we model these actions on behalf of the members of our community. Through baptism we are all – lay and ordained – empowered for the ministry of providing love and care. There are many opportunities at Holy Innocents' to participate in being shepherds. Consider joining a Care Circle, Eucharistic Visitors, the Prayer Shawl Ministry, or a Prayer Circle. Or maybe there is a new way of providing care that you would like to create. There are many ways to get involved – ask me sometime! What we do need is everyone to live into his or her baptismal identity, so that caring for one another becomes a way of life for all of us.

The Rev. Buddy Crawford







HOLY  
INNOCENTS'  
EPISCOPAL  
CHURCH

YOUR PLACE FOR FAITH





# Pet Blessing Sunday, October 5 at 4:00pm

Be sure to join us for a Low Country Boil  
after the 6pm Celtic Service.

Register online at the Holy Innocents Website  
before October 2 at 5:00pm





## Wanna change the World – Come to church.



You all may have seen a lot of publicity last month about a commencement address given at the University of Texas in Austin by a Navy Seal - U.S. Navy Admiral William H. McRaven. He said, “If you want to change the world, start off by making your bed.”

“By the end of the day, that one task completed will have turned into many tasks completed. Making your bed will also reinforce the fact that little things in life matter. If you can’t do the little things right, you will never do the big things right.”

This advice reminded me of my father’s rule. Growing up the four of us knew that before we left our bedrooms each day, we must be dressed, our beds must be made and our rooms cleaned up. This was one of Mom and Dad’s defenses against the chaos that could quickly ensue with four children. It made them calmer as they had to walk by each of our rooms multiple times a day and didn’t want to see the mess. I cannot speak for my siblings, but to this day I make my bed every morning – always. It makes me feel better - I hate getting into an unmade bed.

To me, coming to church is like making your bed. Sometimes you don’t feel like coming. You didn’t sleep well the night before. It’s raining. You’re getting a cold. It’s impossible to wake the kids and you don’t feel like waging that battle. You have a busy sports afternoon. There is so much work to catch up on. You’re tired. We can come up with a myriad of reasons why this Sunday morning is just not convenient.

But – it is important! It is important to center yourself. It is important to set an example for your kids. It is important to take time to reflect. It is important to give thanks. It is important to continue the habit in your life and to instill this habit in your children. It is important to COME - even when you’re tired, angry, sad, indifferent, not in the mood, busy. It is vitally important to do this little thing consistently and well, because it is actually a big thing!

At the end of the day the ‘completed task’ of coming to church will turn into many ‘tasks’ of kindness, generosity of spirit, giving, and thankfulness.

Admiral McRaven also said, “You can’t change the world alone—you will need some help—and to truly get from your starting point to your destination takes friends, colleagues, the good will of strangers and a strong coxswain to guide them. If you want to change the world, find someone to help you paddle.” Coming to church ‘gives you encouragement that tomorrow will be better,’ and that there is someone in the boat with you. At church you will find friends, colleagues and the ultimate paddling help. It is important for you and your children to come to church to learn about that coxswain. To thank Him. To acknowledge Him.

Admiral McRaven said if you want to change the world – make your bed and find someone to help you paddle.

I say, if you want to change the world – Come to church.  
Wynn Henderson







## What is Faith to You?

Erin Ernst is a senior at Holy Innocents' Episcopal School. In this article she gives us a glimpse of how faith plays an important part in her daily life. This November, Erin will be the first "Rector" of Happening, a diocesan youth gathering, from Holy Innocents.

Life is very demanding. It always seems to be pulling me in a hundred different directions. The way I see it, there are three different types of demands: things that seem important, things that are important, and things that are essential. As I have grown up and matured over the past few years, the lens through which I view the world has changed. Through my more-aware eyes I have gradually begun to see the things in my life for their true importance, allowing me to prioritize the essential things. For me, faith is that essential thing. I truly could not live without it. When the demands of all the 'nonessential' things begin to take a toll on me, it is my faith in God and Jesus Christ that gives me the strength I need to carry on.

My faith is not only the most essential thing in my life, but it is also the most essential part of what makes me Erin. I really meant it when I said I honestly could not live without faith. God carefully made each and every human being that has ever walked this beautiful Earth, crafting them in His own image. Thus, we are all literal, and figurative, living members of the body of Christ. I remember a particular phrase that resonated with me from a Happening team member's talk: "We are hardwired to love God." I really do believe that, and I'd even take it a step further to say that we are also hardwired to love everyone with God's help by Him, and with Him, and in Him. This is where my passion for faith truly comes alive: in loving others. The most important thing that I have learned about faith is that it is about much more than a personal relationship with God—it's also about creating community in Christ. A type of community that I help grow and flourish when I allow myself to be transparent, so that God can work

through me and show His unconditional and unwavering love to others. I find my faith strongest when I do what God created me to do: Love others.

I have made it my highest priority to love all people as much as I can, with all of my heart, and with the strength that I find in the Lord. Obviously, this is no simple task. I'm human: sometimes I fall short; sometimes I miss the mark. But loving everyone really doesn't take extra effort, because God created me in His image with a natural instinct to love unconditionally. This is how I live my faith out in the world: by striving to spread God's amazing love to every person that I meet, for even strangers are neighbors in Christ.

I nurture my faith on a regular basis in many ways, but the most meaningful way is through worship, specifically at Holy Innocents. This place has become a spiritual home for me; full of people who have raised me in strong faith and who recognize God's image in me, loving me for all that I am. The loving community of faith at Holy Innocents has encouraged the development of my inquisitive mind and fostered my passionate curiosity about faith. My regular involvement in parish and youth events, as well as my active participation in worship, allow me to "refuel my tank." What is more, doing these things provides me with constant love and support, as well as a reminder of Christ's sacrificial love for me.

While I cannot claim that I have never had to ask the hard questions or deal with doubt, I can say that my faith is deeply rooted in God's unconditional and unchanging love. Like a strong-rooted tree can sway in the breeze, or even thrash in the storm, but still stand strong in its rich soil, so can my faith withstand a little wind and rain every now and then, and even some broken branches, because I can always find my strength in the Lord, with whom I can endure any storm.

-Erin Ernst-





# Ways to Engage



## Friday Night Crowds

All 6-8 graders are invited to join us for fun and conversation at Friday Night Crowd. These events are great opportunities to invite friends and to meet new ones.

## AtISERVE

Year two of atISERVE will take place on July 19-25, 2015. Staying and missioning local gives all involved a great chance to know and serve our city.



## After School Cafe



This autumn there will be a bible study for students from 7:00am - 7:45am on Tuesdays. Come for breakfast and stay for conversation about faith and the Bible. Also, the Frost Youth Center will be open after school on Wednesdays from 2:45pm - 5:15pm for activities, study hall, music and more.

## Sunday Mornings Live

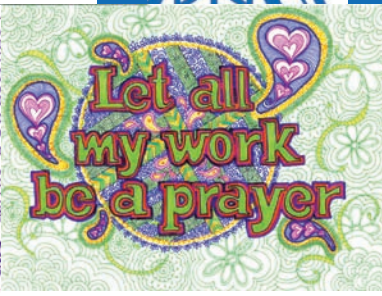
Sunday mornings just got a little bit crazier- crazier fun that is! All youth (Grade 6-12) are invited to the Frost Youth Center every Sunday morning from 10:10am - 11:00am for fun, dialogue, and a whole new way of being community.

## Ethos

Ethos is a new Wednesday night faith-experience for all students at HIEC. It begins at 6:15pm (following every Parson's Table) and will conclude by 7. Get ready to explore faith in the 21st century. All students are welcome. We hope you come join us on this journey.





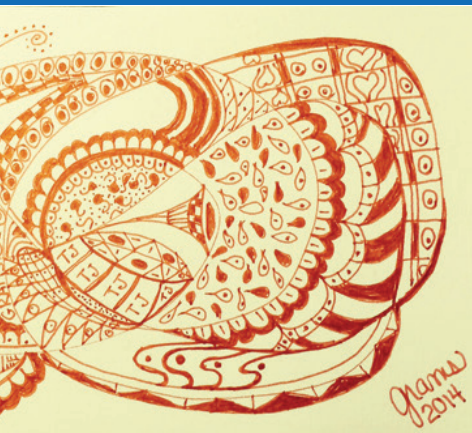


# *imagination* **inspired**



Cultivating Creativity at HIEC





## Welcome Your Imperfect Creativity

It's hard to have fun when you're trying to be perfect. Many resist their creative impulse because they fear their attempts won't measure up.

While hosting my Art as Worship radio show, I interviewed artist and teacher Jo Crawford. She talked about inviting your creativity to play . . . with the expectation that something new might first be a mess. She said, "We are creative beings. It doesn't matter what your medium is, it doesn't matter how well it's executed or whether you ever show it to anyone else. It's important to allow yourself the breathing room to get the beauty out that is inside of you."

Good news! Creativity thrives in the imperfect. Mistakes and messes can transform into something glorious when we stay attuned to the process of discovery. Welcome the imperfection to stumble upon the magic.

With every doodle I create, I reach a place where I'm sure it is ruined—always. As I continue to draw and add color, that "error" often becomes one of my favorite parts.

I've found there are four creative ways to handle it:

1. Cover it up. Add a pattern or another shape over the area to camouflage it.
2. Add more to it. Instead of covering over it, add elements to the top, bottom or sides—taking focus away from what I see initially as an imperfection.
3. Repeat it. When I repeat a "mistake," it suddenly becomes a design element and the viewer perceives it was done intentionally.
4. Start over. It's a doodle. The process of making is more important for my mental well being than the finished product. I always have opportunity to start over with a new piece of paper and incorporate the parts I like into another creation.

I also learned about imperfect creativity through improvisation classes. Two key principles of improv are "yes, and" and "mistakes are good." Improv scenes are not scripted in advance—the players make up the dialog and action as they interact with one another in the moment. To keep the segment moving, the players know to say "yes" to anything another person on stage proposes and then add to it. When someone says a word incorrectly or blunders and fumbles, it becomes fodder to take a scene in an unexpected direction. The new path often delights the audience as well as those on the stage.



## WHAT DID YOU THINK OF THE CLASSES?



"THE DOODLE CLASS WAS A TREAT, A GIFT TO MYSELF. THE CLASS INSTRUCTION WAS LOVELY AND CARRIED ME THROUGH THE WEEK AS I TRIED DOODLES ON MY OWN. I'M SHOCKED AT HOW RELAXED I FELT AFTER THE CLASS AND THROUGHOUT THE WEEK. THE INK FROM MY PEN SOMEHOW, INEXPLICABLY, FILLED ME WITH PEACE.

~ RENEA WINCHESTER ~



VANESSA'S DOODLING AS A MEDITATION COURSE OPENED MY RIGHT BRAIN ACTIVITY. HER TEACHING STYLE IS A PERFECT COMBINATION OF INSTRUCTION, DEMONSTRATION, AND PATIENCE. THERE WAS SUFFICIENT CLASS TIME TO PRACTICE WHAT SHE TAUGHT IN THAT WEEK'S CLASS, AS WELL AS THE OPTION TO ASK QUESTIONS. THIS IS AN EXCELLENT CLASS FOR BEGINNER AND INTERMEDIATE CREATIVES TO LEARN A NEW MODALITY OF EXPRESSION.

~ BETTY FOWLER ~



## IMAGINATION INSPIRED CLASSES AT HOLY INNOCENTS'

Below are the current classes and/events through Imagination Inspired. Click on the link below each name to see a full description for that class and registration information. Class sizes are limited. If a class is full, you may put your name on a waiting list by sending an email to [vlowry@holynnocents.org](mailto:vlowry@holynnocents.org).

### CREATIVE SAMPLING

4-week class  
October 14 - November 4  
Tuesdays from 4:30 pm - 7:00 pm  
(Limited to 20 Participants, \$120)

### DOODLING AS A MEDITATION

4-week class  
October 18 - November 8  
Saturdays from 10:00am - 12:30pm  
(Limited to 11 Participants, \$120)

### DOODLING AS A MEDITATION

2-day workshop  
December 9 & December 10  
Tuesday and Wednesdays from 10:30 - 1:30pm  
(Limited to 11 Participants, \$70)

### CREATING A VISION BOARD FOR 2015

1-day workshop  
December 30  
Tuesday from 10:30am - 1:30pm  
(Limited to 30 Participants, \$30)

Your registration fees provide all the funding for Imagination Inspired, our Artist in Residence program. A ten percent tithe of all proceeds will be donated to our ministry among the Holy Innocents of Our Day, putting an end to violence against children in Greater Atlanta.



God knows we aren't perfect—He made us this way. A scientific study of jazz musicians showed their prefrontal cortex is stimulated during improvisation so they feel more pleasure when they improvise than they do when following printed notes. Your brain is wired to be happier when you loosen up and make it up!

Find a class to stimulate your imagination. No need to measure your creative efforts against someone else's. Take a breath and go easy on yourself. It is in our weakness and imperfection that we have the opportunity to rely on God and partner with others. Allow your spiritual walk to be influenced by immersing in inspiration. Embrace the creative process and decide afterward what you want to share. Incorporate "yes, and" to invite your creative self to play. Remember, "mistakes are good" and welcome your imperfect creativity.

Go to <http://www.holynnocents.org/get-involved/imagination-inspired--hie/> for a description of upcoming Imagination Inspired classes and register. Learn more about me, Vanessa Lowry, at [www.holynnocents.org/about/clergy-staff-and-vestry](http://www.holynnocents.org/about/clergy-staff-and-vestry). I look forward to meeting, creating, and collaborating with you.





VENTULETT GALLERY PRESENTS

**RICHARD JACOBUS**

# ALONG THE WAY

WORKS IN FAITH,  
FANTASY, AND FUNCTION  
AN EXHIBITION OF METALWORKS AND PAINTINGS



SEPTEMBER 25  
THROUGH  
OCTOBER 23





## CONFIRMATION CLASSES

"Would you like to be an Episcopalian?" We would love you to be one. To prepare for this Sacrament, we will meet on Sunday mornings – beginning October 5 and continuing through November 16, at 10:15am. There will be some fellowship, some theology, some information, and some laughter. Think about this.... and ponder if God might be asking you to participate as a member of this Episcopal Church. Would you be willing to register your initial interest, so that we might have an indication of your heart in this matter? The confirmation will be held at the Cathedral of St. Philip on December 14 at 4:00pm.

**Contact:** Caroline Fleming  
(cfleming@holynnocents.org)

## OCTOBER EMMAUS HOUSE FOOD DRIVE

The food pantry at this Atlanta Diocese ministry is very low and unable to provide food on an emergency basis to area families. Located near Turner Field, Emmaus House must rely on donations from other parts of the diocese. Holy Innocents Church and School are again joining forces this October to fill empty pantry shelves. Pick up a list of needed foods at the Welcome Desk, and drop your donations there during October. Emmaus House thanks you for helping to feed those in great need.

## PET BLESSING

Join us Sunday, October 5 at 4:00pm for a Pet Blessing. Bring your pets to the Memorial Garden for their blessing.

## LOW COUNTRY BOIL

On Sunday, October 5, following the 6:00pm Celtic service, the Men of Holy Innocents will host a Low Country Boil in the back circle! Dinner will include shrimp boil, hamburgers, hotdogs, sides, dessert, and one drink ticket per adult! Make your reservation for \$20.00 online at the Holy Innocents website today! Reservations are due by October 2 at 5 pm.

**Contact:** Rena Stallworth

## FEAST OF ALL SAINTS'

On November 2, we celebrate the Feast of All Saints', the feast of the known and unknown believers who are redeemed and now in heaven. We remember on this date those who have gone before us and acknowledge that they cheer us on, and encourage us to live faithfully. At the Celtic service, we will read the names of any loved one who has died in years past. After the service, we will enjoy an Irish feast with live Celtic music and dancers, performers, s'mores by the fire, games and more. It will be fun for all ages! Be sure to submit names for remembrance at <https://hiecwufoo.com/forms/all-saints-remembrances/>.

**Contact:** Caroline Fleming  
(cfleming@holynnocents.org)

## CELTIC FESTIVAL

All are invited for a night of revelry, a celebration of fire, light and fun! Join us for Irish food, provided by Meehan's Public House, beverages, Celtic music, dancers, bagpipes, people in kilts, performers, and crafts for children of all ages. Make your plans to be here, Sunday November 2, from 6:30pm - 9:00pm! More information on how to make your reservation for this night of Celtic celebration coming soon.

## CAC VINTAGE AFFAIR RAFFLE

Don't miss the opportunity to participate in the CAC raffle "Escape to San Francisco & Sonoma." Enjoy 4 nights in Northern California! Experience the Highlights of San Francisco and the rich Wine Country Region of Sonoma with Airfare for 2!!! Tickets are \$20. Winners will be announced at the Vintage Affair benefit for CAC on October 18. Winners need not be present. Please contact Melody McNeil in the church office to purchase tickets.

**Contact:** Melody McNeil  
(mmcneil@holynnocents.org)

## FAMILY PROMISE HOST WEEK

Holy Innocents partners with St. Dunstan's Episcopal to provide this hospitality: St. Dunstan's providing site and accommodations; HIEC assisting with on-site support and hospitality. Holy Innocents week to host the guests from Family Promise is from October 19 – Oc-

## WEEKLY STUDIES

### WOMEN'S WISDOM CIRCLE

Monday mornings from 8:30-9:45am in Bride's Room

**Contact:** hiecwisdomcircle@gmail.com

### ROAD TO EMMAUS BIBLE STUDY

Monday mornings from 7:30-8:30am in the Conference Room.

### 6:38 GIFTS FROM THE GOSPEL

Wednesday Mornings at 6:38am in the Parlor

### EDUCATION FOR MINISTRY (EFM)

Wednesday evenings at 6:45pm in the Conference Room

### WOMENS' BIBLE STUDY

Thursday mornings at 8:45am

tober 26 and its just around the corner. Visit the Hi Lights page on the Holy Innocents website to sign up to either bring or host a meal, host overnight, or help set-up. All are welcome!!

**Contact:** Will Kelly  
(WKelly@BarrettWoodyard.com)

## COLLEGE CONNECTIONS

Does your son or daughter like to receive cards and care packages? A team of HI parishioners connects with our college students a few times each semester to let them know their "home" church is thinking about them. Send students' names, complete college addresses and email addresses to the Cammie Ives and keep them connected to HI, whether their campus is down the street, across the country, or half-way around the world.

**Contact:** Cammie Ives  
(cammieives@gmail.com)





## FORMATION

### ALL PARISH

#### Saturday Brewing

1st Saturdays, 10:00am - 4:00pm in Frost Youth Center

Contact: Timothy Sommer  
(tsommer@holyinnocents.org)

#### Foyers

1st Saturdays, 10:00am - 4:00pm in Frost Youth Center

Contact: Timothy Sommer  
(tsommer@holyinnocents.org)

### 20/30 SOMETHINGS

#### Something for Brunch

Every 1st Sunday, immediately following 11:15am worship at a restaurant nearby.

Contact: Timothy Sommer

#### 20/30 Something's Social

Every 2nd Tuesday, 6:45 - 9:00pm

Contact: Timothy Sommer

#### Lessons & Lager

3rd Tuesday, 6:30 - 9:00pm  
Youth Frost Center

Contact: Timothy Sommer

### MEN

#### Men of HI Third Fridays

3rd Fridays, 7:00 - 8:15am in Frost Youth Center

Contact: John Hedrick  
(jthedrick@aol.com)

#### Men of HI Dinner and a Book

2nd Tuesdays, every 2 months, 6:30 - 9:00pm

Contact: Jeremy Webber  
(jwebber@us.ibm.com)

### WOMEN

#### Prayer Shawl Ministry

1st Tuesdays, 10:30am - 12:30pm  
Parlor

Contact: Lizzy Avery  
(liza.avery1@gmail.com)

#### Women's Time Out!

3rd Thursdays, 7:00 - 8:30pm

Contact: Kyle Young  
(kyley@mindspring.com)

#### Reading Connections (Women's Book Club)

2nd Mondays, 6:00 - 7:00pm

Bishop Commons

Contact: Alesa McArthur  
(agmcarthur@gmail.com)

#### St. Monica's Guild

3rd Tuesdays, 10:30am - 12:30pm  
Inglet Hall C

Contact: Carolyn Yost  
(tyost27@bellsouth.net)

### MARTHA'S RETIREMENT CELEBRATION

On September 13, several hundred people came together to celebrate the ministry of The Rev. Martha Sterne. With remarks by Colin Kelly, the Wisdom Circle, Carroll Sterne, Barbara Brown Taylor, and our rector, it was a beautiful celebration. The following morning, our honoree delivered a quintessential "Martha" sermon. We wish Martha all the best and that she enjoys her retirement. You can listen to her final sermon and view the celebration online at the Holy Innocents' Website.







## Registrar's Corner

### "People Connection"

- Do you wonder what's happening at HIEC?
- Do you wish to be more connected?
- Explore options on the City!

Need Help? Contact the Church office!  
(404) 255-4023



HOLY  
INNOCENTS'  
EPISCOPAL  
CHURCH





# MONTHLY EVENT CALENDAR

## October 2014



Don't Forget that it is the Emmaus House Food Drive month for Holy Innocents. Drop your food off at the Welcome Desk in Bishop Commons'

For more information on Church events, please visit the Holy Innocents' Website.

5  
Something for Brunch  
Confirmation Class  
Pet Blessing  
Low Country Boil

6  
Fall Yoga Class

7  
Youth Morning Bible Study  
Musik Garten  
Creative Boost Class  
Lessons & Lager  
Prayer Shawl

12  
Confirmations Class

13  
Reading Connections  
Columbus Day  
Church Office Closed

14  
Youth Morning Bible Study  
Musik Garten  
Creative Boost Class  
Needlepoint Stitches

15  
The Parson's Table  
Ethos  
Doodling Class  
St. C. & N. & Junior Choristers

16

17  
Men of Holy Innocents' 3rd Friday  
**FRIDAY NIGHT CROWD**

18  
CAC Vintage Affair  
Doodling Class

19  
Church of the Common Ground  
Confirmation Class  
Foyers Kickoff Dinner

20  
Fall Yoga Class

21  
Youth Morning Bible Study  
Musik Garten  
Creative Boost Class

22  
The Parson's Table  
Ethos  
Doodling Class  
St. C. & N. & Junior Choristers

23

24

25  
Children's Painting Table Workshop  
Doodling Class

26  
  
HIES Sunday

27

28  
Youth Morning Bible Study  
Musik Garten  
12 Steps for the Rest of Us  
Creative Boost Class

29  
The Parson's Table  
Ethos  
Spooktacular  
St. C. & N. & Junior Choristers

30  
Venturellert Gallery New Exhibit  
Opening Reception

31

2

1  
The Parson's Table  
Ethos  
Doodling Class  
St. C. & N. & Junior Choristers

3

4  
Saturday Brewing

9

8  
The Parson's Table  
Ethos  
Doodling Class  
St. C. & N. & Junior Choristers

10

11





Engage yourself in our  
Community online!



## What is the City?

The City is a new way for HIEC members to communicate and engage in life beyond Sunday. It is an incredible way for the church to connect, share, and grow together in our very own online community. The City is our place for everything Holy Innocents' including communications about all events, registrations, and groups.

## Why the City?

The City is critical to our ongoing growth and development as a parish of the 21st century. The City gives us an on-line home for parishioners to connect in the following ways: view the church calendar and events, access member directory, online giving and statements, as well as make event reservations, all in real time.

## How the City Helps?

The City is a powerful platform for making communication faster, easier and more effective. It creates a space for our church to connect with each other by sharing information, creating and maintaining connections in groups and supporting each other in Our Place for Faith.

## Join the City!

"Holy Innocents' on the City" has launched! Join by emailing Caroline Fleming or look for an invitation in your email. All you need is an email address to create a login and password. See you in the City!





## ANAM CARA SUBMISSION

To submit an announcement for *Anam Cara*, please visit the Holy Innocents website.

Please note that all submitted events will be reviewed prior to publishing to our website, promoted in the church insert, and other medias. Due to space, we can not guarantee that all announcements will be promoted in the Sunday insert or in the magazine, so be sure to submit your event's information as early as possible. For the best results, try to submit your announcement as least 2 months in advance.

\*The deadline for event and article submissions to be included in the following month's publication are the 10th of each month by 5:00pm.\*

Also be sure that you have contacted our event coordinator, Rena Stallworth (rstallworth@holyinnocents.org), to schedule your event and reserve your space. If you have not, your event will not be promoted.

## COPYRIGHTS

Copyright © 2014 by Holy Innocent' Episcopal Church  
All rights reserved.

No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher, addressed

"Attention: Permissions  
Coordinator," at the address below.

Holy Innocents' Press  
805 Mount Vernon Hwy NW  
Atlanta, GA 30327  
www.holyinnocents.org

Printed in the United States of America

DESIGN BY: ANDRE MCINTOSH  
PHOTOS BY: JON MICHAEL KOWNACKI, JESSICA LUCE, ANDRE MCINTOSH

## HOLY INNOCENTS' STAFF

### Bishops

The Most Rev. Katharine Jefferts Schori,  
*Presiding Bishop*  
The Rt. Rev. Robert C. Wright,  
*Diocesan Bishop*  
The Rt. Rev. Keith B. Whitmore,  
*Assistant Bishop*

### Rector

The Rev. Michael R. Sullivan  
msullivan@holyinnocents.org  
Carol Johns, cjohns@holyinnocents.org  
*Executive Assistant to the Rector*

### Clergy & Chaplains

The Rev. Joshua Case: jcase@holyinnocents.org  
*Assistant to the Rector for Formation*  
The Rev. Buddy Crawford: bcrawford@holyinnocents.org  
*Senior Associate Rector for Liturgy, Prayer and Community*  
The Rev. Ned Mulligan: ned.mulligan@hies.org  
*Head Chaplain & Upper School Chaplain*  
The Rev. Wendy Porter-Cade: wendy.porter-cade@hies.org  
*HIES Pre-School and Middle School Chaplain*  
Timothy Sommer: timothy.sommer@hies.org  
*Lower School Chaplain and HIEC Youth & Young Adults*  
The Rev. Lisa Zaina: lzaina@holyinnocents.org  
*Vicar*

### Staff

Ginny Black: gblack@holyinnocents.org  
*Financial Assistant*  
David Brensinger: dbrensinger@holyinnocents.org  
*Organist and Choir Master*  
Caroline Fleming: cfleming@holyinnocents.org  
*Office Manager & Registrar*  
Wynn Henderson: whenderson@holyinnocents.org  
*Director of Children's Ministry*  
Vanessa Lowry: vlowry@holyinnocents.org  
*Artist in Residence*  
Andre McIntosh: amcintosh@holyinnocents.org  
*Communications Assistant & Graphic Designer*  
Melody McNeil: mmcneil@holyinnocents.org  
*Admin Asst. for Pastoral Care & Hospitality*  
Andre Parker: aparker@holyinnocents.org  
*Facility Manager*  
Rena Stallworth: rstallworth@holyinnocents.org  
*Formation Assistant & Events Coordinator*  
Sally Suhr: communications@holyinnocents.org  
*Communications Assistant for Liturgy and Music*  
Susan West: swest@holyinnocents.org  
*Assistant Organist*

### 2014 Vestry

Colin Kelly, <i>Sr. Warden</i>	Janet Clark
Chris Protos, <i>Jr. Warden</i>	Johnny Foster
Rick Shunnarah, <i>Treasurer</i>	Michael Rhea
George Abney	Rachel Shunnarah
Greg Binney	Andy Toledo
Harry Boone	<u>Youth Vestry:</u>
David Calhoun	Erin Ernst
	Joseph Stockert











